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## ARESTIN® Aftercare Instructions

- **DO NOT TOUCH:** Please AVOID touching the gum areas where the doctor or hygienist placed the medication.
- **WAIT TO BRUSH:** After placing the medication, please WAIT 12 hours before brushing your teeth.
- **WAIT TO FLOSS:** DO NOT floss, use a toothpick or any other device that cleans between your teeth for 10 days.
- **AVOID EATING:** After placing the medication, please AVOID eating hard, crunchy, or sticky foods for 1 week.
- **FOLLOW UP APPOINTMENT:** The bacteria that cause periodontal disease is persistent; it is possible the infection can return. Please be sure to make a follow-up dental cleaning appointment in 3 months. The doctor or hygienist will check the area during your appointment. This helps us to make sure the infection is under control.

*If you have any concerns or questions, please contact our office.*



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