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46921 Warm Springs Blvd.
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Arestin Aftercare Instructions

- **DO NOT TOUCH:** Please **AVOID** touching the gum areas where the doctor or hygienist placed the medication.
- **WAIT TO BRUSH:** After placing the medication, please **WAIT 12 hours** before brushing your teeth.
- **WAIT TO FLOSS:** **DO NOT** floss, use a toothpick or any other device that cleans between your teeth for 10 days.
- **AVOID EATING:** After placing the medication, please **AVOID** eating hard, crunchy, or sticky foods for 1 week.
- **FOLLOW UP APPOINTMENT:** The bacteria that cause periodontal disease is persistent; it is possible the infection can return. Please be sure to make a follow-up dental cleaning appointment in 3 months. The doctor or hygienist will check the area during your appointment. This helps us to make sure the infection is under control.

If you have any concerns or questions, please contact our office.



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