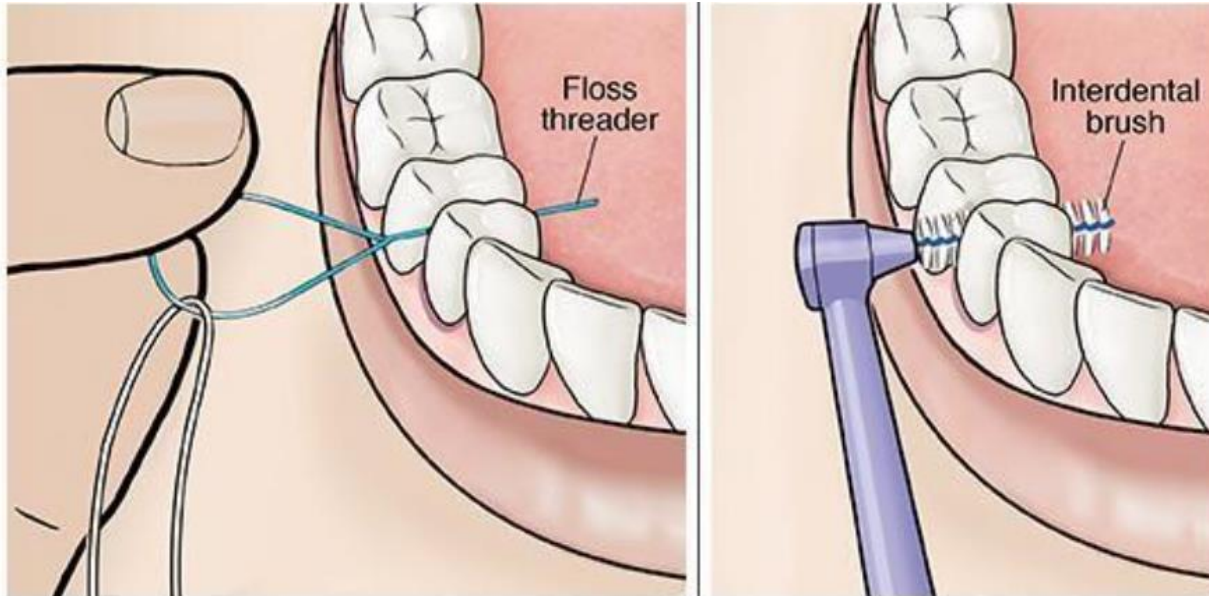


## Caring for your Dental Bridge



### Brushing

Brush after each meal. Brush the surfaces and sides of your bridge just as you do your natural teeth. Use an interdental brush to clean between large spaces.

### Flossing

Floss at least once a day. This cleans food and bacteria from between teeth, under the replacement tooth or teeth, and under the gumline. Special thick floss can help keep your bridge clean. Floss threaders help you thread floss under a fixed bridge.

Make sure to come in twice per year for your routine dental cleaning and checkup appointments. These visits will keep your bridge, teeth, and gums in good condition.

Your new bridge can help make chewing comfortable again. It can also let you feel confident about your smile. Take the time to care for your teeth. Keep your mouth healthy and your teeth will stay looking and feeling good!