
 (510)792-7888
 info@fremont.dental

46921 Warm Springs Blvd.
Suite #203 Fremont, CA 94539

Caring for your Permanent Crown



For the first 24-hrs, avoid eating anything hard or sticky after the permanent crown has been placed to allow the cement to set. It is recommended to eat softer foods for the initial recovery period.

RECOVERY

The recovery period generally takes a few days. During this period, your tooth & gums may experience some inflammation, sensitivity, & irritation which should subside after a few days. Brush teeth as usual, but floss more gently during the initial healing period. When flossing, remove floss from the side of the tooth. Cold sensitivity is normal and is the result of the nerve reacting to the procedure. Use a sensitivity protection toothpaste if necessary until the problem subsides. If your sensitivity continues for more than a week or seems to be getting worse, please contact our office.

Some crowns may need to be adjusted after initial placement. If your bite feels abnormal or if you have any discomfort past the initial recovery period, please contact the office.



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