



(510)792-7888  
[info@fremont.dental](mailto:info@fremont.dental)

46921 Warm Springs Blvd.  
Suite #203 Fremont, CA 94539

### Home Care: Perio Dressing

- This pink bubble gum like dressing is used to provide protection to the surgical site during the healing process.
- Periodontal dressing will harden within a few hours. Please limit yourself to **soft diet** and avoid excessively hot foods for the first day. After this period, you may return to your regular diet. However, avoid eating on the side with the dressing.
- Dressing will be remove after one week. However, you might notice small particles chip off during the week. Should a sizable portion become loose or fall off, please call the office.
- Brush gently with a **soft toothbrush** and rinse with **warm salt water** three times a day. (1tsp salt in 8oz of water)
- If you have any questions or concerns call our office at (510)792-7888



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