



 (510)792-7888  
 info@fremont.dental

46921 Warm Springs Blvd.  
Suite #203 Fremont, CA 94539

## Caring for your Temporary Crown

### 1. Be Mindful of what you eat:

The temporary crown is held in place with temporary glue. Avoid eating on the side of your mouth where the temporary crown is located. Avoid hard, chewy food and hot / icy drinks.

### 2. Gentle brushing and flossing:

Since the seal is not as tight as it would be on a permanent crown, please use only a manual toothbrush along the area. When flossing the area, tie a knot on the floss and gently push in and pull out from the side. no popping floss out.

### 3. If the crown comes off:

If your temporary crown pops off, try gently sliding it back into place. If you can't, or if you lose the temporary crown, contact us to have the crown replaced.

**If you have questions about temporary crowns, contact our office.**

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